

## The FCNI Education Committee invites you to join us for

"Food Insecurity in Healthcare Settings: Screening and Policy Recommendations"



Presented by: Amanda Thurman, FNP, Assistant Professor

Date: Thursday, April 27th, 2023

Time: 6pm to 7pm Central Time on Zoom

The focus will be on providing tools for FCNs in practice and meeting practical needs of those in the congregation and surrounding community.

## **Objectives:**

- 1. Define food insecurity.
- 2. Identify 3 health effects of food insecurity.
- 3. Describe the food insecurity screening tool 'The Hunger Vital Sign.'
- 4. Discuss how people cope with food insecurity and the behaviors they adopt.

**Registration: CNE 1.0 ANCC contact hours** 

\$20 for Members; \$40 for Nonmembers

Food insecurity, defined as insufficient food to meet the demands of an active and healthy lifestyle, is a major healthcare concern, causing poor health outcomes including obesity, poor control of blood sugar, depression, difficulty concentrating in children and low birth weight. Learn how you can integrate screening and provide appropriate food resource referrals.

Register: www.fcninternational.org