



#HatNotHate 2019 Blue Hats to Help End Bullying FCN Practice Projects



<p>1 in 14 children are bullied. To raise awareness about bullying and to reduce bullying, “Hat Not Hate” was started in 2018 by Lion Brand Yarn as a project to collaborate with “STOMP Out Bullying™”. This is a wonderful way to get your Prayer Shawl Ministry and knitters or crocheters of any age to get involved and “Make a blue hat”...and to make one for themselves and the youth and teens in their families too!</p>	
<p>Blue is considered a color representing awareness, peace, and solidarity. People are encouraged to wear a blue hat anytime throughout the month of October, but especially on Monday, October 7th, 2019, the World Day of Bullying Prevention. Lion Brand Yarns is also offering wooden tags #HATNOTHATE available at http://www.lionbrand.com/crochet-hooks-knitting-needles/other/hatnothate-wooden-tag.html</p>	
<p>Lion Brand Yarn’s goal is to collect 25,000 hats between now and August 1st, 2019. Hats will be given to participating schools before October 7th, which is the World Day of Bullying Prevention! Lion Brand Yarn is providing free knit and crochet hat patterns at http://hatnothate.org/ with additional patterns available from Stitch and Unwind at https://www.stitchandunwind.com/hat-not-hate-end-bullying/</p>	
<p>Check to see if your local school is having a Blue Hat Day or Send Hats to:</p>	<p>Hat Not Hate Lion Brand Yarn 140 Kero Road Carlstadt, NJ 07072</p>
<p>Make certain to include the information that the hats you are donating come from a Faith Community Nurse Prayer Ministry! Remember to acknowledge your successes in public, such as in your newsletter or bulletin, and October 7th is a Monday, but you could make it a Hat Not Hate Sunday on October 6th!</p>	
<p>Instagram has become one of the online sources of bullying (see: https://www.theatlantic.com/technology/archive/2018/10/teens-face-relentless-bullying-instagram/572164/).</p>	
<p>Webroot provides “What is Netiquette? A Guide to Online Ethics and Etiquette”—make certain that the children in your lives and in your faith-based organization know the guidelines.</p>	
<p>For additional information see Stopbullying.gov at https://www.stopbullying.gov/</p>	
<p> YouTube Additional YouTube Resources are available by searching “#HatNotHate” including an informative video at https://www.youtube.com/watch?v=f6cYe4cOeVs&t=9s</p>	

Lorenz, T. (2018, October 10). Teens are being bullied ‘constantly’ on Instagram. *The Atlantic*. Retrieved from <https://www.theatlantic.com/technology/archive/2018/10/teens-face-relentless-bullying-instagram/572164/>