

Faith Community Nurses International (FCNI) is a professional membership organization for Faith Community Nurses (FCNs).

As part of our Research Committee outreach, we will be providing a newsletter to share information and connect with our members. [Welcome to our 4th issue.](#)

The **FCNI Research Committee** promotes and supports Faith Community Nursing practice by: 1) *providing resources related to the utilization of evidence-based practice and development of scholarly work*; 2) *providing resources related to the development, implementation, and evaluation of research projects*; 3) *establishing a researcher network that can provide guidance and expertise to its members*; 4) *focusing on strategies to increase awareness, application, and advancement of evidence-based practice in Faith Community Nursing.*

Highlights

Happy Summer! We pray your influence is growing with the summer as you continue to make a difference in people's lives.

Research Committee

Members:

Donna Callaghan (Chair)

Esther Brown

Susan Chase

Yvette Dulohery

Susan Dyess

Andra Opalinski

Deb Ziebarth

The **Research Committee** meets bi-monthly. Please contact us with any evidence-based strategies you are finding vital to your practice. We would love to highlight your efforts in a future newsletter.

Spotlight News — Stepping On

The Faith Community Nurse Network of the Greater Twin Cities (FCNN) was awarded a Minnesota Department of Human Services Living Well at Home grant to expand Stepping On (<http://www.fcnnct.org/programs/stepping-on/>) in southeastern Minnesota and the Greater Twin Cities. This program is training health care professionals with an identified focus on developing FCNs as course leaders.

Stepping On was developed by Clemson and Swann (2004; 2008) at the University of Sydney in Australia, where it demonstrated an increase in confidence and a 31% reduction in falls for older adults. The program was brought to the US by the Wisconsin Institute for Healthy Aging Executive Director, Dr. Jane E. Mahoney, and adapted for the US with support from the Centers for Disease Control, demonstrating nearly a 50% fall reduction!

For more information on the Minnesota Department of Human Services Living Well at Home grant see <https://mn.gov/dhs/partners-and-providers/grants-rfps/live-well> or your Department of Human Services. For additional Stepping On information, contact Jessica Drecktrah, Program Director at jessi-ca@fcnnct.org.

References

Clemson, L., Cumming, R. G., Kendig, H., Swann, M., Heard, R., & Taylor, K. (2004). The effectiveness of a community-based program for reducing the incidence of falls in the elderly: A randomized trial. *Journal of the American Geriatrics Society*, 52, 1487-1494.

Clemson, L., & Swann, M. (2008). *Stepping on: Building confidence and reducing falls, a community-based program for older people*. Sydney, Australia: Sydney University Press.

Current Research

The American Nurses Association (ANA) has designated 2017 as Year of the Healthy Nurse, Healthy Nation program, with a goal of improving the health of our nation's nurses with a perceived secondary impact for the nurses' families and their patients. See <http://www.nursingworld.org/MainMenuCategories/ThePracticeofProfessionalNursing/2017-Year-of-Healthy-Nurse>

Visit our website at [Fcniinternational.org](http://fcniinternational.org) and our blog at <http://www.fcniinternational.org/blog>